



U3A Orientation Day, Semester 1 & 2, 2011

The Association for Lifelong Learning of Older Persons (U3A) Kuala Lumpur and Selangor and Unit U3A Malaysia, Institute of Gerontology, Universiti Putra Malaysia, are pleased to announce the opening of course registration for the Semester 1 and 2, 2011 program. U3A Malaysia aims **to promote active and productive ageing through lifelong learning, education and training** in the spirit of cooperation, mutual sharing and self determination amongst senior citizens.

This year, the two semesters will be held from 16 May to 7 August (Semester 1) and 12 September to 4 December (Semester 2). A wide range of courses on health, computing, gardening, arts and craft, photography, language and communication, as well as physical exercises will be organized for all U3A members. The U3A Orientation Day for Semester 1 & 2, 2011 will be held as follows:

Time: 9.30 am - 1.00 pm
Date: Saturday, May 7, 2011
Venue: Main Lecture Hall (DKU), Faculty of Medicine and Health Sciences, Universiti Putra Malaysia

All U3A members, senior citizens, representatives of the press and media are cordially invited to the event. For further details, please refer to the program below or contact the U3A Malaysia Unit at 03-89472756 (Ms. Siti Norihan Idrus) or 03-89472755 (Ms. Nor Adiany Mohd. Khair). Alternatively you can send an e-mail to u3amalaysia@gmail.com or visit our blog at <http://www.u3amalaysia.wordpress.com>.

Tentative Program - U3A Orientation Day, Semester 1 & 2, 2011

9.30 am	Arrival of members, instructors and invited guests
10.00 am	Recital of prayers Opening Statement by Professor Dr. Tengku Aizan Hamid, Director, Institute of Gerontology, Universiti Putra Malaysia Welcoming Speech by Mr. Azlan Hussain, President, Association for Lifelong Learning of Older Persons (U3A) Kuala Lumpur & Selangor
10.30 am	Introduction to the University of the Third Age, Malaysia Introduction to U3A Malaysia courses in 2011 <ul style="list-style-type: none">- List of courses offered- Course schedule and location
11.00 am	Q&A session
11.15 am	Multimedia slideshow
11.30 am	Membership and Course Registration
1.00 pm	End

Important Dates:

S1 & S2 Orientation Day	[7 May]
Semester 1, 2011 (12 weeks)	[16 May - 7 August]
Semester 2, 2011 (12 weeks)	[12 September - 4 December]
U3A Focus Group Discussion	[17 December]



Hari Orientasi U3A, Semester 1 & 2, 2011

Persatuan Pembelajaran Sepanjang Hayat Warga Emas (U3A) Kuala Lumpur dan Selangor dan Unit U3A Malaysia, Institut Gerontologi, Universiti Putra Malaysia, dengan sukacitanya mengumumkan pembukaan pendaftaran kursus untuk Semester Pertama dan Kedua, program Universiti Era Ketiga (U3A), Malaysia tahun 2011. Matlamat program U3A Malaysia adalah untuk **mempromosi penuaan aktif dan produktif menerusi pembelajaran, pendidikan dan latihan sepanjang hayat** secara pemupukan semangat kerjasama, perkongsian bersama dan penentuan sendiri dalam kalangan warga emas.

Tahun ini, kedua-dua semester akan berlangsung dari 16 Mei hingga 7 Ogos (Semester 1) dan 12 September hingga 4 Disember (Semester 2). Pelbagai kursus yang menarik tentang kesihatan, pengkomputeran, seni laman, kesenian dan kraftangan, fotografi, bahasa dan komunikasi, serta senaman akan dianjurkan untuk semua ahli U3A. Hari Orientasi U3A untuk Semester 1 & 2, 2011 akan dijalankan seperti berikut:

Masa: 9.30 pg - 1.00 ptg
Tarikh: Sabtu, Mei 7, 2011
Tempat: Dewan Kuliah Utama (DKU), Fakulti Perubatan dan Sains Kesihatan, Universiti Putra Malaysia

Semua ahli U3A, warga emas, wakil akhbar dan media adalah dijemput untuk menghadiri majlis di atas. Untuk makluman lanjut, sila hubungi Unit U3A Malaysia di talian 03-89472756 (Cik Siti Norihan Idrus) atau 03-89472755 (Cik Nor Adiany Mohd. Khair). Anda juga boleh menghantar emel ke u3amalaysia@gmail.com atau melayari blog kami di <http://www.u3amalaysia.wordpress.com>

Program Tentatif - Hari Orientasi U3A, Semester 1 & 2, 2011

9.30 pg	Ketibaan ahli, penunjukajar dan tetamu jemputan
10.00 pg	Bacaan doa Ucapan pembukaan oleh Profesor Dr. Tengku Aizan Hamid, Pengarah, Institut Gerontologi, Universiti Putra Malaysia Ucapan alu-aluan oleh En. Azlan Hussain, Presiden, Persatuan Pembelajaran Sepanjang Hayat Warga Emas U3A KL & Selangor
10.30 pg	Pengenalan kepada Universiti Era Ketiga, Malaysia Pengenalan kepada kursus-kursus U3A Malaysia 2011 <ul style="list-style-type: none">- Senarai kursus yang ditawarkan- Jadual dan lokasi kursus
11.00 pg	Sesi soal jawab
11.15 pg	Tayangan slaid multimedia
11.30 pg	Pendaftaran keahlian dan kursus / Makan tengahari
1.00 ptg	Bersurai

Tarikh-tarikh Penting:

Hari Orientasi S1 & S2	[7 Mei]
Semester 1, 2011 (12 minggu)	[16 Mei - 7 Ogos]
Semester 2, 2011 (12 minggu)	[12 September - 4 Disember]
Perbincangan Kumpulan Berfokus U3A	[17 Disember]